

## ROCKIN'GYM

- ❑ Helps learning flips and handsprings in total security
- ❑ Supports gymnasts throughout their movements
- ❑ Controlled rotation and optimal support
- ❑ Automatically rotating when gymnast's basics jumps movements are correct
- ❑ Reduces gymnasts' back problems due to repeated exercises
- ❑ Helps coaches with spotting
- ❑ Use of stabilizers **Ref. 0355**, **Ref. 0356** and **Ref. 0357** converts the Rockin'Gym into a mini-vaulting table for teaching the basics of front giants
- ❑ Different sizes available to suit all builds
- ❑ Carrying handles for an easier easy transport and set-up



Practicing the flip **Ref. 0352**



Mini-vaulting table **Ref. 0351** with its stabilizer **Ref. 0356**

## TECHNICAL FEATURES

- ❑ Made of polyurethane foam and a 1000 denier PVC cover with M2 fire rating
- ❑ Entire covers removable
- ❑ With 2 carrying handles
- ❑ Stabilizers attach to the Rockin'Gym by a hook and loop fixing system
- ❑ The stabilizers have anti-slip bases
- ❑ Colours: red and beige

References available

### ROCKIN'GYM

REF.	FEATURES	DIMENSIONS (LxWxH)	USE	WEIGHT
<b>0350</b>	Mini model	78 x 50 x 65 cm	For gymnasts < 1.30 m tall	7 Kg
<b>0351</b>	Medium model	100 x 70 x 87 cm	For gymnasts < 1.60 m tall	16 Kg
<b>0352</b>	Maxi model	116 x 80 x 99 cm	For gymnasts > 1.60 m tall	23 Kg

### STABILIZERS

REF.	FEATURES	DIMENSIONS (LxW)
<b>0355</b>	Stabilizer for Ref. 0350	78 x 50 cm
<b>0356</b>	Stabilizer for Ref. 0351	95 x 70 cm
<b>0357</b>	Stabilizer for Ref. 0352	104 x 80 cm

