

## ROCKIN' GYM



Available in 3 versions, this new teaching module helps gymnasts to perform back flips and handsprings in complete safety.

Due to its specific shaping, the module returns to its initial position after each use and provides proper support for the gymnast throughout each movement.

It has the special feature of automatically rotating when the gymnast's basic jump movements are correct (transfer of bodyweight to the rear). It enables controlled rotation and provides optimal support while encouraging good flight.

It is also an indispensable tool for helping coaches with spotting.

With the use of the stabilisers (hook-and-loop strips attachment), the Rockin'Gym converts into a mini-vaulting table for teaching the basics of front giants.



Rockin'Gym medium (Ref. 0351)  
avec son stabilisateur (Ref. 0356)

# Technical Specifications

Two-tone modules constructed of polyurethane foam and a 1000 denier PVC cover with M2 fire rating. The modules have fully removable covers and 2 carrying handles for easy transportation and quick set-up. Anti-slip base on stabilisers.

## References Available



## ROCKIN'GYM

REF.	DESCRIPTION	DIMENSIONS (Lxwxh)	USAGE	WEIGHT
0350	Rockin'Gym - mini model	78 x 50 x 65 cm	For gymnasts up to 1.30 m tall	7,50 Kg
0351	Rockin'Gym - medium model	100 x 70 x 87 cm	For gymnasts up to 1.60 m tall	16,50 Kg
0352	Rockin'Gym - maxi model	116 x 80 x 99 cm	For gymnasts over 1.60 m	23,50 Kg



Photos are for illustration purposes only. January 2017 Edition



## STABILISERS

REF. STABILISERS	DESCRIPTION	DIMENSIONS STABILISERS (Lxw)
0355	Stabiliser for Ref. 0350	78 x 50 cm
0356	Stabiliser for Ref. 0351	95 x 70 cm
0357	Stabiliser for Ref. 0352	104 x 80 cm